



Group Swim Lessons FAQ's

1. **What age does my child need to be to register for swim lessons**
 - For our private and group lessons we require the swimmers to be ages' 4-12 years old. Swimmers younger than four years old may check out our Infant and Toddler Cast Water Safety Lessons. Swimmers thirteen and older please visit our website for our Stroke Clinic for Teens.
2. **How do I register for swim lessons?**
 - To register for swim lessons, please visit our website at www.fmcnatatorium.org . If you have an account with us please make sure you are logged in. Click on the "Swim Lessons" tab and select "Children Swim Lessons." Select the desired lesson you would like to purchase and checkout.
3. **What are your COVID-19 Protocols?**
 - Anyone entering the FMC facility is required to wear a mask. Our instructors in the water wear a mask and/or a shield. We try to keep our group lessons to a maximum of 3-4 swimmers in a group. We provide hand sanitizer at various stations in our facility.
4. **When do new sessions become available online?**
 - We announce registration dates on our website and social media. Please keep checking our website for more information.
5. **It is my first time coming to the pool, what should I do?**
 - Make sure you check in for your lesson and inform the supervisor it is your first time at FMC.
6. **Can I be on the pool deck during my child's lesson?**
 - We do not allow parents on the pool deck during lessons. We have a large parent viewing room where you can watch your child.
7. **How will I know how my child is doing?**
 - We believe in strong communication. After every lesson the instructor will bring your child out to meet you and share feedback on their skills and if they mastered the skills to progress to the next level.
8. **What do I need to bring to my lesson?**
 - Please bring a swimsuit and towel. Swimmers levels 2 and up please bring goggles and a swim cap or hair tie.
9. **Does my child need equipment?**
 - When your child is in level 2 or higher, we do allow the swimmers to wear goggles. We have fins in a variety of sizes and kickboards are provided at our facility for the swimmers to use.
10. **What level is my child in?**
 - Please go to our website and under the swim lessons tab you will find our Learn to Swim Program where we have each level listed with a description. Please be sure to read each level to get an idea what level your swimmer may be at. First time swimmers in our program will be placed in a level and evaluated by the swim instructor. The swim instructors determine the placement of the swimmers level.

11. Will my child have the same instructor every lesson?

- Your child will experience different instructors often. It gives the swimmers a new view on a variety of skills they are learning. We try our best to have our instructors with the same swimmers, but it is not guaranteed.

12. Do you allow makeups?

- There are no make-up classes for missed lessons. If FMC needs to cancel lessons, we will notify and accommodations will be communicated.

13. Can I switch my group lesson date?

- We keep our sessions at maximum capacity. If you would like to be on a waitlist, please visit our website to add your information to our form. The waitlist is not a guarantee for registration. We will contact you when a spot becomes available.

14. What is your cancellation policy for Group Lessons?

- We do not offer any reimbursements or make up lessons for canceled or missed lessons.

15. What if my child or family member is sick with COVID-19 and we cannot attend their group lessons?

- If your child or a family member is feeling ill, please stay home and get well. If your child has been exposed to COVID-19, please abide by the CDC guidelines.

16. When is my child ready to join a swim team?

- Once your swimmer can swim all 4 strokes efficiently, please head to our website to try one of our other Stroke Developmental classes to improve on technique and build endurance. After these classes we recommend the swimmer to try out for a swim club team.